

## **CMG (Cystometrogram)**

*Important- Please Read Completely*

### ***What is it?***

A CMG or Cystometrogram is a test to evaluate the response of your bladder while it is being filled with water.

### ***What will happen?***

When you arrive for your appointment, you will be asked to disrobe from the waist down. You will be seated on a special exam table with your feet resting in stirrups.

The nurse will insert a small catheter into your rectum to measure muscle movement in abdominal and rectal areas. There will also be a catheter inserted into your bladder to fill it with water. After your bladder is full you will be asked to urinate in privacy.

### ***How long will it take?***

You can expect to be in the office for approximately 30-45 minutes.

### ***How do I prepare for this test?***

You may eat a normal diet the day of your test. Please be prepared to give a urine sample at the time of arrival.

**IF YOU HAVE ANY QUESTIONS PLEASE CONTACT OUR OFFICE.**