

## CAT SCAN BARIUM INSTRUCTIONS

PLEASE MAKE SURE YOU HAVE COMPLETED YOUR BLOODWORK AT THE LAB 24 TO 48 HOURS BEFORE CT!

If your blood work has not been done, your test will need to be rescheduled and you may be charged a rescheduling fee. (If you were **NOT** given a lab slip, then you will **NOT** be required to get labs done.)

\*Hint: If you were given a bottle of barium to drink, then you will need blood work done too!

QUEST: 733-3700 LAB CORP: 1-800-788-9738

IF YOU WERE GIVEN A BOTTLE OF ORAL BARIUM TO DRINK --- KEEP IN REFRIGERATOR:  
BEGIN DRINKING CONTENTS OF BOTTLE 2 HOURS BEFORE ARRIVAL TIME FOR C.T. APPOINTMENT. **SHAKE WELL!**  
PLEASE TAKE THE ENTIRE 2 HOURS TO CONSUME BOTTLE CONTENTS. FINISH WITHIN A FEW MINUTES OF ARRIVING TO OFFICE. (This ensures a good bowel & stomach enhancement on the cat scan pictures.)

DO NOT EAT OR DRINK **ANYTHING** 4 hours before arriving for Cat Scan exam if you were given a bottle of barium to drink and a lab slip. (Gum is okay & emptying your bladder is okay.) You will be thirsty after the CT, it's a good idea to bring a bottle of water with you to your visit to drink after the exam.

\* Hint: If you were NOT given barium & lab slip, you may eat & drink at will.

If possible, please wear clothing that has NO ZIPPERS, BUTTONS OR SNAPS --ANYTHING WITH METAL on your abdomen. THESE ARE X-RAYS—NOT AN MRI! Your exam will take 15 minutes or less.

IF YOU HAVE ANY QUESTIONS OR CONCERNS REGARDING YOUR CAT SCAN EXAM,  
PLEASE CALL THE TECHNOLOGIST Mon-Fri 8:00 a.m. to 4:00 p.m.  
Call 233-0727, ask for Alison @ext. 1048.

THANK YOU.