

Post-Operative Instructions for Seed Implants

Important- Please Read Completely

1. It is normal to have some burning or frequent urination after this procedure. Pyridium (Phenazopyridine) or ProceD EC taken as directed should help with this. It normally turns the urine orange or blue. If this hasn't been prescribed or you run out of the medicine, contact our office so that we can call your pharmacy.
2. If you have more than a little blood in your urine or on your undergarments, call the doctor. We advise no heavy lifting, exertion, or sexual activity for 1-2 weeks after this procedure. If constipation is experienced, a laxative of your choice and/or stool softener is highly recommended. You may resume your regular diet.
3. If antibiotics were prescribed, take as directed. Call the doctor for fever, chills, or any unusual pain in the abdomen, back, or genitals.
4. If a foley catheter was left in your bladder, it is normal to have some pain or discomfort in your abdomen or genitals. Take the pain pills (Lortab, Percocet, Darvocet N-100) as prescribed. If this doesn't control your discomfort, call the doctor.
5. Radiation safety: I125 and Pd103 are low energy radioactive materials. This means that their radiation, for the most part, is contained within the prostate gland. However, some amount of radiation may be given to the structures very close to the prostate gland, such as the rectum. Objects that touch or items that you use are not radioactive. Your body wastes are not radioactive, such as urine or stool.
6. Precautions: For the first two months do not allow any children to sit on your lap, You must avoid prolonged physical contact with pregnant women, stay at least six feet away. Sexual activity with a condom is allowed. You must wear a condom because you may pass the seeds through ejaculation. If you noticed you passed a seed please try and retrieve it, by using tweezers and place the seed in a piece of aluminum foil and contact your doctor.
7. Someone from our staff will call you within 24 hours of your surgery or after being discharged from the hospital to check on your condition. If you haven't been contacted within this time frame, please contact our office as soon as possible to schedule your follow-up appointment. You may be asked to come in to have your catheter removed with the nurses, followed by a separate post-operative visit with the doctor.